

2017 Youth Risk Behavior Survey Results

United States and Montana

Unintentional Injuries and Violence			
The percentage of high school students who...	United States	Montana	Statistical Difference
Rarely or never wore a seat belt when riding in a car	5.9 (4.8-7.3)	7.8 (6.7-9.0)	
Rode with a driver who had been drinking alcohol, past 30 days	16.5 (15.2-17.7)	19.8 (18.2-21.5)	✓
Drove a car or other vehicle when they had been drinking alcohol, past 30 days	5.5 (4.9-6.3)	7.6 (6.6-8.8)	✓
Drove a car during the past 30 days and texted or e-mailed while driving	39.2 (37.0-41.4)	54.2 (51.4-57.0)	✓
Carried a weapon such as a gun, knife, or club during the past 30 days	15.7 (13.3-18.4)	25.2 (23.6-26.9)	✓
Carried a weapon on school property, past 30 days	3.8 (2.9-4.8)	8.5 (7.4-9.8)	✓
Carried a gun on any day during the past 12 months, not counting the days when they carried a gun only for hunting or for a sport, such as target shooting	4.8 (4.1-5.7)	7.7 (6.8-8.9)	✓
Were threatened or injured with a weapon on school property, past 12 months	6.0 (5.3-6.7)	7.0 (5.9-8.3)	
Were in a physical fight, past 12 months	23.6 (21.6-25.6)	20.1 (18.7-21.7)	
Were in a physical fight on school property, past 12 months	8.5 (7.5-9.7)	6.3 (5.5-7.3)	✓
Were electronically bullied through texting, Instagram, Facebook, or other social media, past 12 months	14.9 (13.7-16.2)	17.6 (16.3-19.0)	✓
Were bullied on school property, past 12 months	19.0 (17.6-20.5)	21.6 (19.9-23.4)	
Did not go to school because they felt unsafe at school or on their way to or from school, past 30 days	6.7 (5.7-7.8)	8.0 (5.7-11.1)	
Were ever physically forced to have sexual intercourse when they did not want to	7.4 (6.6-8.3)	9.3 (8.1-10.7)	
Experienced sexual violence by anyone (e.g., being forced to do "sexual things" such as kissing, touching, or being physically forced to have sexual intercourse when they did not want to), past 12 months	9.7 (9.0-10.5)	9.8 (8.9-10.8)	
Experienced sexual dating violence (e.g., being forced to do "sexual things" they did not want to do by someone they were dating or going out with), among students who dated, past 12 months	6.9 (6.2-7.6)	6.5 (5.4-7.7)	
Experienced physical dating violence (e.g., being physically hurt on purpose by such things as being hit, slammed into something, or injured with an object or weapon by someone they were dating or going out with), among students who dated, past 12 months	8.0 (7.3-8.8)	7.2 (6.2-8.3)	

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Unintentional Injuries and Violence - continued			
The percentage of high school students who...	United States	Montana	Statistical Difference
Felt sad or hopeless almost every day for 2 or more weeks in a row so that they stopped doing some usual activities, past 12 months	31.5 (29.6-33.4)	31.0 (29.2-32.9)	
Seriously considered attempting suicide, past 12 months	17.2 (16.2-18.3)	20.8 (19.2-22.6)	✓
Made a plan about how they would attempt suicide, past 12 months	13.6 (12.4-14.8)	16.6 (15.5-17.9)	✓
Actually attempted suicide, past 12 months	7.4 (6.5-8.4)	9.5 (8.3-10.9)	
Had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse, past 12 months	2.4 (2.1-2.9)	3.1 (2.6-3.7)	

Tobacco Use			
The percentage of high school students who...	United States	Montana	Statistical Difference
Ever tried cigarette smoking, even one or two puffs	28.9 (26.0-32.0)	33.9 (31.3-36.6)	
First tried cigarette smoking before age 13 years	9.5 (8.0-11.2)	10.6 (8.7-12.9)	
Currently smoked cigarettes, past 30 days	8.8 (7.2-10.7)	12.1 (10.8-13.4)	✓
Currently frequently smoked cigarettes, 20 or more of the past 30 days	2.6 (1.9-3.7)	3.1 (2.5-3.8)	
Currently smoked cigarettes daily, past 30 days	2.0 (1.4-2.9)	2.1 (1.7-2.6)	
Smoked more than 10 cigarettes per day on the days they smoked, among students who currently smoke	9.7 (7.8-12.0)	4.6 (2.8-7.5)	✓
Ever used an electronic vapor product such as e-cigarettes, e-cigars, e-pipes, vaping pens, e-hookahs, and hookah pens	42.2 (39.3-45.2)	46.6 (44.4-48.8)	
Currently used an electronic vapor product	13.2 (11.4-15.2)	22.5 (20.2-24.9)	✓
Currently frequently used an electronic vapor product, 20 or more of the past 30 days	3.3 (2.6-4.2)	3.7 (3.1-4.4)	
Currently used an electronic vapor product daily, all the past 30 days	2.4 (2.0-3.0)	2.4 (1.9-3.0)	

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Tobacco Use - continued			
The percentage of high school students who...	United States	Montana	Statistical Difference
Usually got their own electronic vapor products by buying them in a store, such as a convenience store, supermarket, discount store, gas station, or vape store, past 30 days, among students aged <18 years	13.6 (10.3-17.6)	6.7 (4.8-9.3)	✓
Currently used smokeless tobacco, such as chewing tobacco, snuff, dip, snus, or dissolvable tobacco products (e.g., Red Man, Levi Garrett, Beech-Nut, Skoal and Skoal Bandits, Copenhagen, Camel, Marlboro Snus, General Snus, Ariva and Stonewall, or Camel Orbs), past 30 days	5.5 (4.4-6.7)	9.8 (8.5-11.2)	✓
Currently frequently used smokeless tobacco, 20 or more of the past 30 days	2.1 (1.5-2.8)	3.2 (2.7-4.0)	
Currently used smokeless tobacco daily, past 30 days	1.6 (1.1-2.3)	2.5 (2.0-3.0)	
Currently smoked cigars, past 30 days	8.0 (7.2-8.9)	12.9 (11.7-14.3)	✓
Currently frequently smoked cigars, 20 or more of the past 30 days	1.3 (1.0-1.6)	1.1 (0.8-1.5)	
Currently smoked cigars daily, past 30 days	1.0 (0.8-1.2)	0.8 (0.6-1.2)	
Currently smoked cigarettes or cigars, past 30 days	12.3 (11.0-13.8)	17.9 (16.4-19.6)	✓
Currently smoked cigarettes or cigars or used smokeless tobacco, past 30 days	14.0 (12.2-15.9)	21.5 (19.7-23.3)	✓
Currently smoked cigarettes or cigars or used smokeless tobacco or an electronic vapor product, past 30 days	19.5 (17.3-21.9)	32.7 (30.6-34.8)	✓

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Alcohol and Other Drug Use			
The percentage of high school students who...	United States	Montana	Statistical Difference
Ever drank alcohol	60.4 (57.9-62.8)	68.0 (65.6-70.2)	✓
Had their first drink of alcohol before age 13 years	15.5 (13.9-17.2)	19.1 (17.4-20.9)	✓
Currently drank alcohol, past 30 days	29.8 (27.3-32.4)	33.1 (31.1-35.3)	
Usually got the alcohol they drank by someone giving it to them	43.5 (41.0-46.0)	40.1 (36.4-43.9)	
Reported current binge drinking (four or more drinks of alcohol in a row [if female] or five or more drinks of alcohol in a row [if male], within a couple hours, any of the past 30 days)	13.5 (12.0-15.1)	17.6 (16.2-19.1)	✓
Reported 10 or more as the largest number of drinks they had in a row, past 30 days	4.4 (3.6-5.3)	6.4 (5.6-7.3)	✓
Ever used marijuana	35.6 (33.0-38.3)	36.7 (34.2-39.3)	
Tried marijuana for the first time before age 13 years	6.8 (5.8-8.0)	7.0 (5.5-8.8)	
Currently used marijuana, past 30 days	19.8 (18.1-21.6)	19.8 (18.0-21.8)	
Ever used synthetic marijuana	6.9 (5.9-7.9)	7.3 (6.3-8.6)	
Ever used cocaine	4.8 (4.2-5.6)	4.4 (3.8-5.2)	
Ever used inhalants	6.2 (5.6-6.9)	6.4 (5.5-7.4)	
Ever used heroin	1.7 (1.3-2.2)	1.7 (1.3-2.2)	
Ever used methamphetamines	2.5 (2.0-3.0)	2.2 (1.8-2.7)	
Ever used ecstasy	4.0 (3.4-4.7)	4.5 (3.7-5.5)	
Ever took steroids without a doctor's prescription	2.9 (2.5-3.3)	2.1 (1.7-2.7)	
Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it	14.0 (12.7-15.4)	13.7 (12.6-14.9)	
Ever injected any illegal drug	1.5 (1.2-1.8)	1.8 (1.4-2.4)	
Were offered, sold, or given an illegal drug on school property, past 12 months	19.8 (18.3-21.4)	21.7 (20.3-23.2)	

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Sexual Behaviors			
The percentage of high school students who...	United States	Montana	Statistical Difference
Ever had sexual intercourse in their lifetime	39.5 (36.8-42.4)	43.2 (40.8-45.6)	
Had sexual intercourse for the first time before age 13 years	3.4 (3.0-3.9)	2.9 (2.3-3.6)	
Had sexual intercourse with four or more persons during their life	9.7 (8.4-11.3)	12.4 (11.0-13.9)	
Were currently sexually active (had sexual intercourse during the past 3 months)	28.7 (26.6-30.8)	31.6 (29.2-34.0)	
Used a condom during last sexual intercourse	53.8 (51.4-56.2)	55.4 (52.5-58.3)	
Used birth control pills before last sexual intercourse	20.7 (18.8-22.7)	25.4 (22.3-28.9)	
Used an IUD or implant before last sexual intercourse	4.1 (3.0-5.5)	7.2 (5.5-9.5)	
Used a shot, patch, or birth control ring before last sexual intercourse	4.7 (3.8-5.7)	7.9 (6.7-9.4)	✓
Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse	29.4 (27.0-31.9)	40.7 (37.4-43.8)	✓
Used both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse	8.8 (7.5-10.3)	14.6 (12.8-16.6)	✓
Did not use any method to prevent pregnancy during last sexual intercourse	13.8 (12.0-15.9)	8.7 (6.9-11.0)	✓
Drank alcohol or used drugs before last sexual intercourse	18.8 (17.1-20.5)	17.8 (15.6-20.1)	

Nutrition and Dietary Behaviors			
The percentage of high school students who...	United States	Montana	Statistical Difference
Did not eat fruit or drink 100% fruit juices, past 7 days	5.6 (4.9-6.3)	5.2 (4.5-5.9)	
Ate fruit or drank 100% fruit juices one or more times per day, past 7 days	60.8 (58.7-62.7)	58.4 (56.7-60.0)	
Ate fruit or drank 100% fruit juices two or more times per day, past 7 days	31.3 (29.7-33.1)	25.2 (23.9-26.6)	✓
Ate fruit or drank 100% fruit juices three or more times per day, past 7 days	18.8 (17.5-20.2)	13.5 (12.4-14.6)	✓

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Nutrition and Dietary Behaviors – continued			
The percentage of high school students who...	United States	Montana	Statistical Difference
Did not eat vegetables, past 7 days	7.2 (6.3-8.2)	4.7 (4.1-5.4)	✓
Ate vegetables one or more times per day, past 7 days	59.4 (57.6-61.2)	62.7 (61.3-64.2)	✓
Ate vegetables two or more times per day, past 7 days	26.6 (25.2-28.1)	27.2 (25.8-28.8)	
Ate vegetables three or more times per day, past 7 days	13.9 (12.9-15.1)	11.6 (10.6-12.7)	✓
Did not drink milk, past 7 days	26.7 (25.1-28.4)	19.0 (17.7-20.3)	✓
Drank one or more glasses of milk per day, past 7 days	31.3 (29.4-33.2)	38.2 (36.5-39.9)	✓
Drank two or more glasses of milk per day, past 7 days	17.5 (15.9-19.2)	31.2 (29.3-33.1)	✓
Drank three or more glasses of milk per day, past 7 days	7.9 (6.9-9.1)	11.5 (10.6-12.5)	✓
Did not drink soda or pop, past 7 days	27.8 (25.5-30.3)	25.1 (23.1-27.2)	
Drank a can, bottle, or glass of soda or pop one or more times per day, past 7 days	18.7 (16.6-21.1)	15.1 (13.8-16.6)	
Drank a can, bottle, or glass of soda or pop two or more times per day, past 7 days	12.5 (10.7-14.4)	8.6 (7.6-9.7)	✓
Drank a can, bottle, or glass of soda or pop three or more times per day, past 7 days	7.1 (6.1-8.3)	4.1 (3.4-4.9)	✓
Did not eat breakfast, past 7 days	14.1 (13.0-15.2)	11.3 (10.2-12.6)	✓
Ate breakfast on all the past 7 days	35.3 (33.8-36.8)	37.0 (35.4-38.7)	

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Physical Inactivity			
The percentage of high school students who...	United States	Montana	Statistical Difference
Were not physically active for a total of at least 60 minutes on at least one day, past 7 days	15.4 (13.5-17.5)	11.1 (10.0-12.2)	✓
Were physically active for a total of at least 60 minutes per day on 5 or more days, past 7 days	46.5 (43.5-49.5)	53.4 (51.3-55.4)	✓
Were physically active for a total of at least 60 minutes per day on all 7 days, past 7 days	26.1 (24.1-28.3)	28.0 (26.6-29.5)	
Played video or computer games or used a computer 3 or more hours per day on an average school day (e.g., Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media)	43.0 (41.1-44.9)	34.6 (32.9-36.3)	✓
Watched television 3 or more hours per day on an average school day	20.7 (19.1-22.4)	18.0 (16.5-19.6)	
Went to physical education class on one or more days; in an average week when they were in school	51.7 (47.2-56.0)	55.9 (52.0-59.7)	
Went to physical education class on all 5 days; in an average week when they were in school	29.9 (23.6-37.0)	34.7 (29.3-40.5)	✓
Played on at least one sports team run by their school or community, during the past 12 months	54.3 (50.6-58.0)	61.3 (59.4-63.1)	✓

Other			
The percentage of high school students who...	United States	Montana	Statistical Difference
Had a concussion one or more times from playing a sport or being physically active during the past 12 months	15.1 (13.6-16.6)	16.3 (15.0-17.7)	
Had obesity ($\geq 95^{\text{th}}$ percentile for body mass index)	14.8 (13.8-15.8)	11.7 (10.4-13.2)	✓
Were overweight ($\geq 85^{\text{th}}$ but $< 95^{\text{th}}$ percentile for body mass index)	15.6 (14.7-16.6)	14.6 (13.3-16.0)	
Described themselves as slightly or very overweight	31.5 (30.2-32.8)	30.5 (28.7-32.3)	
Were trying to lose weight	47.1 (45.9-48.4)	41.1 (39.1-43.2)	✓
Were ever told by a doctor or nurse that they have asthma	22.5 (21.2-23.9)	21.6 (20.3-22.9)	
Never saw a dentist, lifetime	1.5 (1.2-1.8)	1.0 (0.7-1.4)	
Saw a dentist during the past 12 months	75.7 (73.6-77.7)	78.5 (76.9-80.0)	
Got 8 or more hours of sleep on an average school night	25.4 (24.0-26.9)	32.8 (30.7-34.9)	✓
Used an indoor tanning device	5.6 (4.7-6.6)	7.4 (6.6-8.4)	

2017 Youth Risk Behavior Survey Results

United States and Montana

Summary

More Likely

Montana high school students are *more likely* than students in the United States to have participated in the following behaviors (by point of interest):

- Rode with a driver who had been drinking alcohol during the past 30 days
- Drove a car when they had been drinking alcohol during the past 30 days
- Drove a car while texting or e-mailing during the past 30 days
- Carried a weapon such as a gun, knife, or club during the past 30 days
- Carried a weapon on school property during the past 30 days
- Carried a gun on any day during the past 12 months (not counting hunting or for sport)
- Were electronically bullied during the past 12 months
- Seriously considered attempting suicide during the past 12 months
- Made a plan about how they would attempt suicide during the past 12 months
- Currently smoked cigarettes during the past 30 days
- Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days
- Currently used an electronic vapor product during the past 30 days
- Currently used smokeless tobacco during the past 30 days
- Currently smoked cigars during the past 30 days
- Currently smoked cigarettes or cigars during the past 30 days
- Currently smoked cigarettes or cigars or used smokeless tobacco during the past 30 days
- Currently smoked cigarettes or cigars or used smokeless tobacco or an electronic vapor product during the past 30 days
- Ever drank alcohol
- Had their first drink of alcohol before age 13 years
- Reported binge drinking during the past 30 days
- Reported drinking 10 or more drinks in a row during the past 30 days
- Used a shot, patch, or birth control ring before last sexual intercourse
- Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse
- Used both a condom during last sexual intercourse and birth control pills; an IUD; or implant; or a shot, patch, or birth control ring before last sexual intercourse
- Drank one or more glasses of milk per day during the past 7 days
- Drank two or more glasses of milk per day during the past 7 days
- Drank three or more glasses of milk per day during the past 7 days
- Were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days
- Went to physical education class on all 5 days in an average school week
- Played on at least one sports team during the past 12 months
- Got 8 or more hours of sleep on an average school night

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United States and Montana

Summary

Less Likely

Montana high school students are *less likely* than students in the United States to have participated in the following behaviors (by point of interest):

- Were in a physical fight during the past 12 months
- Usually got their electronic vapor product by buying them in a store during the past 30 days; if less than age 18 years
- Did not use any method to prevent pregnancy during last sexual intercourse
- Ate fruit or drank 100% fruit juices two or more times per day during the past 7 days
- Ate fruit or drank 100% fruit juices three or more times per day during the past 7 days
- Did not eat vegetables during the past 7 days
- Ate vegetables one or more times per day during the past 7 days
- Ate vegetables three or more times per day during the past 7 days
- Did not drink milk during the past 7 days
- Drank a can, bottle, or glass of soda or pop two or more times per day during the past 7 days
- Drank a can, bottle, or glass of soda or pop three or more times per day during the past 7 days
- Did not eat breakfast during the past 7 days
- Were not physically active for a total of at least 60 minutes on at least one day during the past 7 days
- Played video or computer games 3 or more hours per day on an average school day
- Had obesity
- Were trying to lose weight

*Montana Youth Risk Behavior Survey Program
Montana Office of Public Instruction
www.opi.mt.gov/yrbs*